

47th Annual Tour des Trois Vallees Weekend of 23rd/24th June 2018

www.dieppetour.com

General: Please help by carefully following the instructions below. To ensure the continuing success of this event it is important that we maintain good relationships with our hosts in CDC Dieppe. The DFDS Seaways ferry terminal rarely deal with such a large number of cyclists so please comply with their boarding instructions and arrive promptly in accordance with their instructions. Ensure you bring your passport and have your booking confirmation. It is your responsibility to ensure you have organised travel and accommodation.

Car Parking at Newhaven: A Pay and Display Car Park is available on the West side of the railway line by the ferry terminal. You can either pay at the machine or inside the Passenger Terminal. If you are staying overnight at the Premier Inn, they may allow you to leave your vehicle in their car park, please check with staff.

Newhaven Group Travel: Please read your travel agreement to check your travel time. All passengers will board from the same terminal, situated west of the railway crossing. Generally they ask us to arrive 90 minutes before sailing. Proceed through the check-in to keep the area clear for other cyclists. Foot passengers will need to wait at the terminal from where they will be transported onto the ferry by bus. If you booked to travel with a bike but are now travelling as a foot passenger, you will need to board with the other foot passengers.

Passport: EU regulations dictate that passports must be valid for 6 months after your date of return.

Cycle Lights: Required for anyone intending to cycle early morning or late evening.

Walkers: The walk is approximately 15km. You should wear appropriate footwear - preferably walking shoes or boots. Take a small backpack as you will be given a lunch pack at the start which you need to carry. Ensure you have clothing suitable for the conditions.

Insurance: You are responsible for organising your own travel insurance. Also recommend you obtain a European Union card from local DHS or Post Office for basic health cover. Check that your card is in date.

Event Entry Fee: If a strike should cancel the trip, refunds will be held over to 2019 event.

Windsor Hotel: Use bike storage area behind the hotel. On the Sunday, breakfast is generally available from 6.30 am – please check with Reception if you are planning an early breakfast so the hotel can make staffing arrangements.

Arrival at Dieppe: Stay clear of vehicles when disembarking! CDC Dieppe may be there to greet us and supply additional information for the weekend. Take care on the metal bridge between the ferry terminal and town centre – it is extremely **slippery and dangerous** when wet.

Spare: Bring at least one spare inner tube and a good cycle lock.

Maps and Routes: A Dieppe Map is available for download from the website showing locations of the port, HQ and Windsor Hotel. Some route details are available on

our website with detailed information regarding road numbers. Dieppe CDC are not able to provide gpx files. If anyone wishes to create gpx files from the route details then they can be shared via our Facebook group. Naturally any such files would be untested. It is **strongly** recommended that you utilise the issued route sheet as following the route is your responsibility.

Meal: We would be keen to know if you are aware of any meal or entry cancellations. I will be travelling on the Friday morning sailing, or let Alex or myself know of any changes at the Saturday Reception.

Friday 22nd June

Newhaven Travel: Remember to bring your confirmation of travel. Arrive in plenty of time for your chosen sailing as there will be many cyclists on each crossing.

Saturday 23rd June

Newhaven Travel: Remember to bring your confirmation of travel. Arrive in plenty of time for your chosen sailing as there will be many cyclists on each crossing.

Reception: 5.00pm at the Salle Paul Eluard near the Town Hall (see map). It is requested that all participants attend this reception where you will be welcomed by City representatives and members of CDC Dieppe.

Any additional information for the weekend / changes to the itinerary will also be distributed.

Sunday 24th June

Event HQ: Salle Paul Eluard by the Town Hall (see map). Your entry fee is paid. Often a programme is issued containing discount vouchers, a tombola number and a refreshment ticket for lunch. If you don't want to carry the booklet, make sure you tear off the tombola number if you wish the opportunity of winning a prize at the end of the ride ... it could be a bike!

Start times: Event HQ is open from 06.00. If you are starting very early then the HQ offers food and drinks for a small charge. All riders should start between 06.00 and 09.00. It's up to you to arrive at the start and ride with those of your choice. If you are looking for companionship on the ride we recommend you arrive early so that you can find someone suitable to ride with. There's no need for anyone to be left on their own. Walkers should meet at HQ by 08.45 for a 9 am start.

Route: Routes are generally marked on the road surface or on the side of the road **but** we recommend you carry a map with you as it is your responsibility to get yourself back to the start safely. Suitable maps can be downloaded from the internet. Shops are generally open until midday.

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Lunch: The lunch venue at St Aubin le Cauf is at Parc Naturel Educatif Guy Weber on the Avenue Verte so look out for the signs. A light snack is provided as part of the entry fee.

Presentation: Please return to the Event HQ at 5.00pm for the prize presentation. We request that you don't arrange evening meals too early as it is important to attend the presentation at Event HQ to show our appreciation for all the hard work that goes into this event by CDC Dieppe. Several prizes generally come our way, plus a glass of wine each.

Sunday Evening Meal at Hotel Windsor: Thanks to Alex Southern and Alan Kiddle for organising the Sunday Meal at the Windsor Hotel. Unfortunately they are not able to continue with the organisation of this part of the weekend so we are looking for a volunteer for next year. Many of the regulars attend the meal every year so it would be appreciated if someone could step up to take this on? Have a chat to myself or Alex on the weekend to find out more, or drop me an email.

Individual requests for seating have been noted and tables allocated accordingly. Any vacancies will be announced at the reception on Saturday. Please be aware that if you haven't stated your seating requirements, or given an incorrect club name, you may need to be seated with other riders ... it's a good way of making new friends. Please be mindful that all organisers are voluntary.

In order to cater for the full house, please arrive at the Windsor Hotel on the seafront, no earlier than 19.30pm to be seated for the meal at 20.30pm. Please ensure that you book in with Alex, Alan & Anne, who will advise you of your table upstairs. Vegetarians will be given a coloured card to place on the table. This will identify you to restaurant staff so staff can ensure everyone gets the correct meal. If you have other dietary requirements, you are welcome to pop into the Hotel to verify that the menu meets your needs. Ensure you let Alex or me know if there are any issues as any refund would need to be agreed prior to the Sunday evening.

Monday 25th June

Monday Activities: There is a wonderful swimming pool complex on the seafront so remember your swimwear if this may be of interest. Please note that the pool do not permit Bermuda style shorts.

Another popular option is to travel by train to Rouen.

Most Hotels allow guests to store their luggage in the Hotel until departure.

Return ferry: Check-in for the ferry according to your booking information.

Non-cyclists: Non-cyclists will need to check in separately inside the passenger terminal.

Additional Information

Euros: Please bring enough plus extra for emergencies in case you have difficulties.

Friendship Ride: Why not come and join the Friendship Ride on Sunday 2nd September. We generally have 30 - 40 guest cyclists from Normandy and Picardie riding 60km or 100km around East Sussex starting from the South Downs Youth Hostel at Southease at 8.30 am. Enjoy a very leisurely day with ride leaders, lunch in the village hall and a prize giving reception at the end. Entry is £6. For additional information contact Paul Fox at paulrenard.maison@btinternet.com. The more the merrier. If you are able to offer assistance escorting our French friends then that would also be appreciated.

Organisers: Finally, thanks to the meal organisers: Alex Southern, Alan Kiddle and Anne Dodds. Without their support, the group meal would not be possible.

Thanks to Michael and Mo for offering to assist Dieppe CDC with registration again this year.

This year I have not advertised in national magazines as it is considerably more cost effective to advertise by word of mouth. I will bring some cards to the Saturday reception and Sunday morning registration; please feel free to take some to distribute to your friends and relatives. If you prefer to contact me for some cards after the event then just drop me an email when you get home ... or when you read this, if you think you may forget. I am happy to post out up to 30 cards to anyone who thinks they may be able to inspire new riders to come along.

If you have enjoyed the weekend then it would be lovely if you could encourage more people for next year's event. Hopefully I'll get the 2019 dates some time over the weekend but, if not, they will be published on the website and Facebook group. Thanks in advance.

Finally: Check your details on the sheet are correct and read the instructions again so you know exactly what to expect - then enjoy the trip. Let me know if you spot any issues.

I hope you have a lovely weekend. See you there!
Caroline